

How to use chopsticks

Hashi (箸), or chopsticks, are used as a silverware such as fork and knife . They are usually made of wood and provided in public eating places. Waribashi are disposable chopsticks that are pre-cut so they can be split apart before use. Let's see how to use chopsticks!

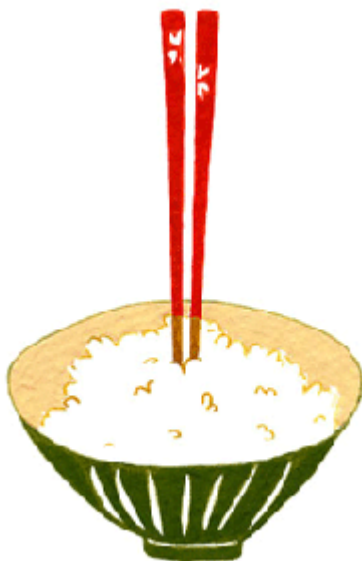
1. Hold the lower chopstick between the bottom of the thumb and the tip of the ring finger.



2. Hold the upper one with the index finger, the middle finger, and the tip of the thumb as you hold a pencil.



3. Move only the upper chopstick to pick up food, keep the lower one stationary.



* Don't stick chopsticks vertically into a bowl of rice and foods.